

Daily Learning Planner

*Ideas parents can use to help children
do well in school*

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THE
PARENT
INSTITUTE®

September 2020

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Visit an interesting place in your town this week. Then have your child create an ad to tell others about it.
- 2. Ask your child to read to you as you're cleaning up after a meal. Or read to your child as she cleans up!
- 3. Taste-test different types of apples with your child. Think of words to describe their tastes, such as *tart*, *sweet* and *mellow*.
- 4. Start a family savings jar. Have family members decide on what the goal will be and how they will each contribute.
- 5. Get some exercise with your child. Pick an activity you both enjoy, such as riding bikes or tossing a ball.
- 6. Take a walk and look for signs of autumn. See if your child can identify any of the trees you pass as you go.
- 7. Ask your child to tell you a bedtime story tonight.
- 8. Help your child find his best time to do homework. Some kids do best right after school, others after they have had a chance to blow off steam.
- 9. Help your child start a collection. Collecting can help children learn school skills such as organization and research.
- 10. Set aside a shelf or basket to store library books. You'll save money on overdue fines.
- 11. Ask your child to tell you something she learned today. Then tell her something you learned today.
- 12. Take turns picking a word and putting its letters in alphabetical order.
- 13. Have your child write a letter to a friend or relative telling about the beginning of the school year.
- 14. Help your child set a goal for the week. Write it down. Set one for yourself, too.
- 15. Glue a picture of your child to a piece of paper. Have him draw things around the picture that represent what is special about him.
- 16. Choose a Word of the Day. Challenge everyone to use it in a sentence. Make this a daily habit.
- 17. Talk with your child about what it means to be a good sport.
- 18. Discuss three ways you used math today. Ask everyone in the family to say how they used math.
- 19. Hang a map of your state or province on the wall. Let your child use a highlighter to mark places she's visited.
- 20. Have a special one-on-one breakfast with your child.
- 21. Plan a digital device-free night. Play games or read instead.
- 22. Ask your child to estimate how many times he blinks in one minute. Then check!
- 23. Teach your child a practical skill, such as sewing on a button.
- 24. Choose a place in your home for items needed for school. Help your child get into the habit of putting things there each day.
- 25. Ask your child questions after reading. "Why do you think that character made that decision?" "What would you have done?"
- 26. Does your child know how to call 9-1-1 in an emergency? Practice what to say.
- 27. See if your child can tie a bow behind her back.
- 28. Create an gallery of your child's artwork. Rotate the display frequently.
- 29. Help your child make an audio recording of a story.
- 30. At dinner, share the best and the worst parts of your day. Give each person a turn to talk.